



# EQUITY AND TRAUMA-INFORMED TOOLS

for helping families through COVID-19.



The COVID-19 pandemic has magnified deeply entrenched health and social inequities that exist between populations in Canada. This is why our pandemic preparedness, response, and recovery actions need to prioritize health equity and trauma-informed care. The Child Welfare League of Canada in association with the Canadian Consortium on Child & Youth Trauma has compiled the following list of equity-based and trauma-informed resources highlighting effective, equitable and inclusive responses to the COVID-19 pandemic.

[Anti-Black Racism Analysis Tool for a Radically Equitable COVID-19 Response Unit.](#) The City of Toronto's Confronting Anti-Black Racism Unit, 2020.

Blackstock, C. & Fallon, B. (2021). [A conversation about equity \(video\).](#) First Nations Child & Family Caring Society.

Caldwell J, Delays A, Esposito T, et al. (2020). ["Essential" services, risk, and child protection in the time of COVID-19: An opportunity to prioritize chronic need.](#)

Collin-Vézina, D., Brend, D., & Beeman, I. (2020). [When it counts the most: Trauma-informed care and the Covid-19 global pandemic.](#)

[COVID-19 and Gender Based Violence in Canada. Key Issues and Recommendations.](#) Centre for Research and Education on Violence Against Women and Children, 2020.

[From Risk to Resilience: An Equity Approach to COVID-19.](#) The Chief Public Health Officer of Canada's Report on the State of Public Health in Canada 2020.

Left Out: Children and youth with special needs in the pandemic. The Representative for Children and Youth, BC. December 2020.

Majnemer, A., McGrath, P.J., Baumbusch, J., Camden, C., Fallon, B., Lunskey, Y., Miller, S.P., Sansone, G., Stainton, T., Sumarah, J., Thomson, D., Zwicker, J. (2021). Time to be Counted: COVID-19 and Intellectual and Developmental Disabilities.

Protection of Children During the COVID-19 Pandemic. Children and Alternative Care: Immediate Response Measures. Better Care Network, The Alliance for Child Protection in Humanitarian Action and UNICEF, 2020.

Rebecca Vivrette and Jessica Dym Bartlett (2020) Trauma-Informed Strategies for Supporting Children and Youth in the Child Welfare System during COVID-19. Child Trends.

Ryan Giroux MD, Cindy Blackstock PhD, Radha Jetty MD, Susan Bennett MD, Sarah Gander MD (2020) COVID-19 and Indigenous children in Canada: What can paediatricians do?

Saint-Girons, M., Lefebvre, R., Fallon, B. & Blackstock, C (2020). (In)Equity in the Context of Covid-19.

Saint-Girons, M., Joh-Carnella, N., Lefebvre, R., Blackstock, C., & Fallon, B. (2020).Equity Concerns in the Context of COVID-19 – A Focus on First Nations, Inuit, and Métis Communities in Canada.

Sistovaris, M., Fallon, B., Miller, S., Birken, C., Denburg, A., Jenkins, J., Levine, J., Mishna, F., Sokolowski, M. and Stewart, S. (2020). Child Welfare and Pandemics.

The Toronto Fall Out Report: Half a year in the life of COVID-19. Toronto Foundation, 2020.

The Alliance for Child Protection in Humanitarian Action, Technical Note: Protection of Children during the Coronavirus Pandemic, 2020.

Thulien, N.S., Noble, A., Akdikmen, A., Ali, D., Coplan, I., Daley, M., French, D., Hwang, S.W., Kidd, S., & Roglich, J. (2020). Pandemic Proof: Synthesizing Real-World Knowledge of Promising Mental Health and Substance Use Practices Utilized During the COVID- 19 Pandemic with Young People Who Are Experiencing or Have Experienced Homelessness.